

Bumped Head - Parental Information



We are trialling a **new procedure for head bumps.**

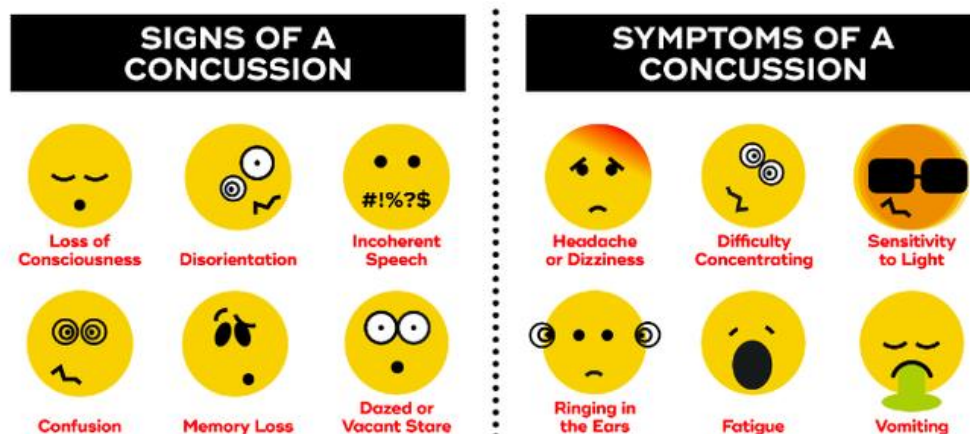
- Any pupil who suffers a head bump will be issued with a "**red bumped head wristband**".
- This will make it **visible to all school staff that a head bump has occurred.**
- A wristband will be given to any child who has presented to a first aider with a bump to any part of their body from the neck upwards (including eyes, ears, nose, lips etc).
- The wristband notifies you that one of our First Aiders looked after and assessed your child and at the time it was not thought necessary to refer him/her for further attention.
- The wristband will have the **date and time of the incident.**
- Parents will also **receive a phone call** from the school informing them that their child has bumped their head.
- Children will be told that this band **must remain on their wrist** until they get home to show parents/carers, including if they attend an after-school club.
- NHS advice for parents is available to **view below** following a bumped head.



Concussion

Symptoms usually start within 24 hours, but sometimes may not appear for up to 3 weeks. Should any of the following conditions occur please refer the child to a doctor, preferably at the local A&E Department: -

- Severe headache (persistent)
- Does not like bright light
- Vomits
- Dizzy, double or blurred vision
- Becomes disorientated or confused or unable to remember the recent past
- Their conscious level changes



Please click the link [here](#) for the NHS guidance on head injuries and concussion.